

Zero Waste 101 Resources



Zero Waste Blogs

- <https://zerowastehome.com/>
- <https://girlforacleanworld.com/>
- <https://blog.trashbackwards.com/do-1-thing/>

Smart Shopping and Storage Tips

- Shopping with meals in mind: https://www.epa.gov/sites/production/files/2016-02/documents/smart_shopping_ftgtw_2_1_2016_pubnumberadded_508_v2.pdf
- County food storage guidelines and more: <http://www.sandiegocounty.gov/content/sdc/dpw/recycling/Food.html>
- How to store food in the refrigerator (infographic): <http://greatist.com/eat/ultimate-way-organize-your-fridge>
- Reusable produce bags: <http://www.simpleecology.com/>

Composting

- Classes at the Living Coast Discovery Center: <http://www.thelivingcoast.org/programs/animal-encounters/composting-programs/>
- City of Chula Vista composting resources: <http://www.chulavistaca.gov/departments/public-works/environmental-fiscal-sustainability/environmental-services/composting>
- Compostable disposable items: <https://www.verterra.com/>

Recycling, Repairing, and Donating

- Information on diversion: <http://www.wastefreesd.org/>
- Retailers that recycle for you: <http://www.bankrate.com/cashlorette/12-retailers-that-reward-you-for-recycling/>
- Give and get free items: <https://www.freecycle.org/>

Hygiene and Beauty

- DIY recipes: <http://www.onegoodthingbyjillee.com/category/homemade-solutions/health-and-beauty/>; <http://wellnessmama.com/category/beauty/>

Opt Out of Junk Mail

- Register on the National Do Not Mail List: http://www.directmail.com/mail_preference/
- Cancel grocery store coupons and sign-up for e-coupons: <https://www.redplum.com/tools/direct-mail-preferences>

On-the-Go

- Ocean Friendly Restaurants across San Diego: <https://sandiego.surfrider.org/ofr-restaurant-list/>
- Reusable items: <http://to-goware.com/> ; <https://squareup.com/store/i-love-a-clean-san-diego-county-inc>
- Put together your own zero waste kit: http://www.waterdocs.ca/news/2017/6/27/skn4ihamrh4px02v6f5slz3mrgcwib?utm_content=buffer2e0d6&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer

Recursos para Cero Desperdicio



Blogs de Cero Desperdicio

- <https://zerowastehome.com/>
- <https://girlforacleanworld.com/>
- <https://blog.trashbackwards.com/do-1-thing/>

Consejos para Saber Comprar y Almacenar

- Saber comprar sus comidas: https://www.epa.gov/sites/production/files/2016-02/documents/smart_shopping_ftgtw_2_1_2016_pubnumberadded_508_v2.pdf
- Información del Condado: <http://www.sandiegocounty.gov/content/sdc/dpw/recycling/Food.html>
- Guía para guardar su comida: <http://greatist.com/eat/ultimate-way-organize-your-fridge>
- Bolsas reusables para frutas y verduras: <http://www.simpleecology.com/>

Compostaje

- Clases en el Living Coast Discovery Center: <http://www.thelivingcoast.org/programs/animal-encounters/composting-programs/>
- Recursos de la Ciudad de Chula Vista: <http://www.chulavistaca.gov/departments/public-works/environmental-fiscal-sustainability/environmental-services/composting>
- Artículos desechables que se pueden convertir en composta: <https://www.verterra.com/>

Reciclar, Reparar, y Donar

- Información de opciones: <http://www.wastefreesd.org/>
- Tiendas que reciclan por usted: <http://www.bankrate.com/cashlorette/12-retailers-that-reward-you-for-recycling/>
- Dar y recibir artículos gratis: <https://www.freecycle.org/>

Higiene y Belleza

- Recetas: <http://www.onegoodthingbyjillee.com/category/homemade-solutions/health-and-beauty/>
<https://wellnessmama.com/category/beauty/>

Evitar correo basura

- Registrarse en la lista nacional para no recibir correo basura: http://www.directmail.com/mail_preference/
- Cancelar cupones de supermercados para recibirlos en forma electrónica: <https://www.redplum.com/tools/direct-mail-preferences>

Cuando Está Afuera

- Restaurantes que apoyan los productos del mar en forma responsable: <https://sandiego.surfrider.org/ofr-restaurant-list/>
- Artículos reusables: <http://to-goware.com/> ; <https://squareup.com/store/i-love-a-clean-san-diego-county-inc>
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