Zero Waste Bathroom

- Swaps for single use plastic items:

Shampoo/soap bars:

- DIY with instructions from Going Zero Waste
- Or purchase them from Etsy or Lush

Tooth paste tablets:

- DIY with instructions from Trash is for Tossers
- Or purchase them from Etsy or Lush

Compostable dental floss:

- Purchase them from Knotty Floss or Etsy

Plant based tooth brushes:

- Purchase them from Brush with Bamboo or Etsy

Safety razor:

- Purchase them from Albatross Designs or The Art of Shaving

- Do it yourself:

DIY deodorant:

What you need: *- 1/2 cup coconut oil* *-1/4 cup cornstarch*

-1/4 cup baking soda *-1/4 tsp essential oil*

Melt coconut oil completely. Pour in essential oil and stir. Then add the cornstarch and baking soda until smooth. It helps to sift the powder first. Pour into a jar or empty deodorant tube and let harden.

- Or try this more complex recipe from Pronounce

DIY makeup remover wipes:

What you need: -flannel squares or alternate cloth -1 cup distilled water

-1 1/2 Tbsp. baby shampoo (no tears) -1 Tbsp. coconut oil

-3 drops essential oil

Melt the coconut oil and place in a mason jar. Add water, shampoo and essential oil. Cut cloth into squares and dispense your newly made makeup remover on them. Use these to remove all your makeup and rewash the cloth afterwards for reuse.

Visit Waste Free SD for more tips on DIY's and zero waste living!