NEGATIVE EFFECTS OF PLASTIC ON OUR HEALTH
- release harmful chemicals as they break down in our bodies
- suspected link to cancers
- high concentration of chemicals from plastic packaging can lead to birth defects and immune system issues
- microbeads in toothpaste and face scrubs can harm teeth/gums and cause injury to the eyes and skin with overuse

WHERE YOU CAN FIND HARMFUL PLASTICS
- plastic packaging for food or hygiene products
- in most toothpaste microplastics are added for texture and color
- face and body wash use microbeads for texture and exfoliation
- in many lotions microbeads or other microplastics are a cheap way to add color to a product