



ECO CHRISTMAS

Christmas is the happiest season of the year, but with the feasts and parties come waste. Here are some tips on how to make your Christmas this year more sustainable, resulting in a merry you and a merry Earth!



LESS IS MORE

Everyone gets excited when buying gifts for people they love, but excess gifts always end up being unused or discarded. To prevent this from happening, make sure you only buy gifts with purpose and meaning! You can also hand-make your gifts to make them more sentimental, or buy plantable cards which will sprout and grow into plants.



ECO FRIENDLY WRAPPING PAPER

Glitter wrapping might look extra festive and appealing, but glitter encrusted paper can't be recycled. It's time to let go of your glitter wrapping paper and replace it with eco friendly wrapping paper made out of fibres such as hemp, or even design your own using scraps!



BUYING A CHRISTMAS TREE

Although plastic Christmas trees are reusable from year to year, real trees are the more sustainable choice. Plastic trees are nonbiodegradable as they are made of polyvinyl chloride (PVC), and never breaks down after being sent to the landfill.

Choose a Christmas tree with an FSC Certification to ensure that it has been sourced sustainably, and honestly, what smells more like Christmas than a live Christmas tree!



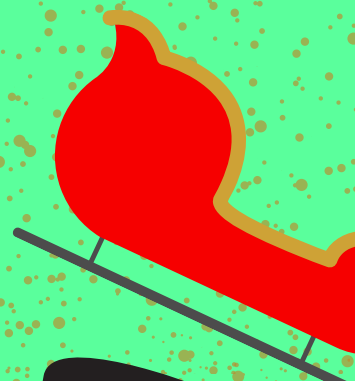
CHRISTMAS DECORATIONS

Opt out of plastic ornaments this year and use ones made out of wood or cloth instead. You should also switch to energy efficient LED lighting if you haven't already, as it uses up to 80% less energy than conventional lighting, and can save you up to 90% more on power costs.



CHRISTMAS FEAST

Preparing for the Christmas dinner is one of the most exciting (or hectic) parts of Christmas, and there are many ways you can make the feast much more sustainable. This is a great chance for you to support your local small business owners and local farmers, which will decrease your food miles and lower the amount of packaging involved. Homemade eggnog and hot chocolate can also be made in large quantities to reduce waste from soda or juice bottles/cans.



LEFTOVER FOOD

Surplus turkey and ham can be sliced, then wrapped in parchment and frozen. Any food scraps that can't be used for leftovers can be composted or given to animals to reduce waste. You can also find recipes [here](#) which turns your leftovers into delicious new meals!

