

Easy Recipes

DIY SUNSCREEN

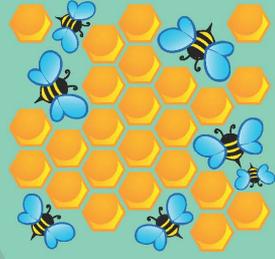
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Ingredients:

- 1/4 cup Coconut Oil
- 1/4 cup Cocoa Butter
- 1/2 cup Avocado Oil
- 1/4 cup Bees Wax
- 1/4 to 1/3 cup Non-nano Zinc Oxide (depending on desired SPF)
- 1/2 cup Aloe (optional)
- 8 to 10 drops Essential Oil (optional)



Do not use a citrus based Essential Oil because it photosensitive and can harm your skin!

1. Use a double boiling method. Begin by melting the Coconut Oil, Cocoa Butter, Avocado Oil, and Bees Wax together until Bees Wax pellets are no longer visible and allow it to cook a few minutes longer even after it looks completely melted.
2. Set aside melted base until cooled completely.
3. While it is cooling, you can harvest fresh aloe (optional) and scrape out the pulp from the leaves. Put pulp in a food processor or blender and blend it thoroughly.
4. Strain aloe through a cheese cloth, strainer or mesh to take the pulp out of the aloe.
5. Once the base mixture has cooled, add in the Non-nano Zinc Oxide, Aloe and Essential Oils and mix thoroughly until combined and uniform all the way through. It can help to sift the Zinc Oxide as you combine it to reduce clumping.



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